## BRITHANY H. PAWLOSKI, PSY.D

<b>PATIENT INFORMATION</b>				
Name:		Birth Date:	Age:	
Pronoun: O He/Him O She/He	er $\bigcirc$ They/Them $\bigcirc$ Prefer not to a	nswer, Preferred Nam	e:	
Street:	City:	State	e:ZIP:	
	MAY WE LEA			
E-Mail:	MAY WE SE	ND MESSAGES ABOUT	APPOINTMENTS? YES NO	
SS Number:	Employer/School:	Pos	sition/Grade:	
	married widowed significan			
	?			
Emergency Contact Name:		Rela	ationship:	
	Hom			
FINANCIAL RESPONSIBLE PARTY	V INEODMATION			
Same as above OR	INIONVATION			
•		Relationsh	in:	
	as above, or:			
I. Insurance Company:	ease provide a copy of your insuran		CCNI	
	Crount			
	Group#: Deductible amount:			
	Deductible amount	* Call your i	insurance to avoid surprises	
			SSN:	
Subscriber/Policy Holder.	Crount	DUB	3311	
Ins ID#:	Group#:	Employer:**Call your insurance to avoid surpris		
Copay amount:	Deductible amount:	***Call your i	nsurance to avoid surprises**	
patient and I assign all insuran financially responsible for all ch I authorize Brithany H. Pawlosk authorize the use of this autho to make this agreement on beh	verage or Employee Assistance Progrance & EAP benefits directly to Brithany narges whether, or not, covered or paicki, Psy.D. to release information necessing at the patient named above and the patient named above and the patient named above.	y H. Pawloski, Psy.D., if and by insurance.  Sary to any party to secure irance or EAP payment. It is responsible party name	ny, for services rendered. I accept re payment for services provided. I certify that I am legally authorized d above.	
month rebilling charge; charge	e due at the time of service; unpaid es for collections efforts, if any, shal ts missed or cancelled with less than 2	I be paid by the respons		
Signature of Adult Patient or Guar	rdian Date Sign	ned		

Patient Name:

## **CONSENT FOR PSYCHOLOGICAL SERVICES**

Psychologists provide services relating to mental health and mental and emotional disorders, including evaluation, assessment, diagnosis, psychotherapy, and testing. Psychologists might also make referrals or consult with other service providers (with your permission). All services involve finding out about the patient's thoughts, feelings, and behaviors in an effort to help the patient resolve problems or concerns. Evaluations help identify the nature of psychological or emotional problems or concerns. Psychotherapy is used to help the patient identify and work through past or present situations that cause concern. Many different techniques can be utilized to help the patient reach goals, including dialogue, interpretation, cognitive reframing and restructuring, journaling, self-exploration, behavioral modification, and catharsis.

Risks of psychological services may include experiencing uncomfortable feelings like guilt, anxiety, sadness, anger, and frustration. It may mean talking about painful events from your life. Potential benefits of psychological services and psychotherapy, include improved self-satisfaction, improved mood, increased autonomy, empowerment, decreased stress and distress, improved relationships, improved day-today functioning and resolution of specific problems.

As part of treatment, the patient may be referred for other related services. For example, medication prescribed by a psychiatrist or primary care physician, a support group or inpatient care may be suggested. All findings and recommendations made as a result of an evaluation will be based on the evaluation alone. The outcome of an evaluation cannot be determined in advance and is not guaranteed. In no case will the psychologist agree to render specific findings or make specific recommendations as a condition of the patient's participation or for any other reason. The results of psychological treatment cannot be guaranteed either, but the likelihood of a positive outcome is greatly enhanced by the patient's active participation.

All services provided by Brithany H. Pawloski, Psy.D. are voluntary. The patient may end treatment at any time. However, planned transitions (such as discontinuing therapy) are generally thought to be in the patient's best interest. The patient has the right to refuse any suggestion made by the psychologist at any time without being penalized in any way.

OPlease initial to verify you understand & agree to the above: \_\_\_\_\_

## **OFFICE POLICY**

**I.Confidentiality**: Information revealed by a patient to a psychologist in the course of a professional relationship is confidential and privileged. The privilege is intended to protect the interests of the patient by encouraging free disclosure to the psychologist and by preventing disclosure (by the psychologist) to others. The patient, rather than the psychologist, holds and may assert the privilege. Psychologists have a primary responsibility to protect the patient's right to confidentiality in accordance with law and professional standards of practice.

With few exceptions, confidential information may be disclosed only with informed written consent of the patient, or another person legally authorized to give consent on behalf of the patient. Confidential information may be disclosed without written consent: 1) to protect against clear, substantial risk of imminent serious harm being inflicted by the patient on him or herself or another person; 2) to comply with a court order; 3) to comply with regulatory mandates to report actual or suspected abuse/neglect of a child/vulnerable adult; and 4) to get medical care in a medical emergency while at the psychologist's office. When it is necessary to disclose confidential information to respond to a specific situation, the disclosure shall be made only to appropriate authorities, a potential victim, professional/healthcare workers, and/or your family.

II. Fees, Billing and Payments: evaluation: \$200.00; 38–52 min therapy: \$175.00, ≥ 53 min therapy: \$200.00; family/marital therapy: \$175.00; testing, per hour: \$200.00; and \$175.00 per hour for other services such as filling out disability forms, record review, report writing and consultation. Telephone calls and other communication between appointments (other than for scheduling) are charged at \$150.00 per hour and cannot be billed to insurance. Extended evaluations, extended therapy and crisis sessions are subject to additional charge. Copies of records are charged in accordance with Ohio law.

The patient/responsible party is responsible for deductibles and copayments, and ALL charges not covered by insurance or EAP, unless prohibited. The co-pay is due at the time of service. Any balance unpaid after 6 days is subject to a \$10.00 per month rebilling charge. If financial problems make it difficult for you to keep current with your bill, please discuss them to work out alternative arrangements for billing. If you do not pay your bill, services may be put on hold so you can catch up.

Collections and/or legal action will be used if your account is more than 60 days in arrears unless suitable arrangements for payment are made and honored. If such action is necessary, the costs of collection by the agency/attorney, filing the claim, or bringing the proceeding will be added to the balance due. Collection charges are often based on a percentage of the balance and may equal 50% of the unpaid balance or more.

If you use insurance to cover the costs of psychological services that means you give permission for the insurance company, or their designee, to access clinical information about you. Insurance is billed monthly. Statements are mailed monthly and include all outstanding charges, including those billed to but not yet paid by insurance. Please inform us immediately of any change in insurance coverage or eligibility. You must provide all documentation necessary to ensure payment by insurance and if you do not, you will be responsible for all fees.

O Please initial to verify you	understand & agree to	the above:

**III.Cancellations and Timeliness:** Twenty-four hours notice is required for all appointment cancellations. You (not the insurance company) will be charged **\$50.00** for missed or skipped appointments and for appointments cancelled with less than 24 hours notice.

If you need to reschedule an appointment, you may do so by telephone (419-537-0900) or email (office@nwopsych.com) but please do not rely on email for confidential information. DO NOT SEND EMAIL IF YOU DO NOT WANT AN EMAIL REPLY.

The answering service accepts calls 24 hours per day, 7 days a week. All messages are date and time stamped to keep track of cancellations. Under rare circumstances, such as extreme weather conditions or an emergency hospitalization, the no show/late cancellation fee may be waived, at the discretion of the psychologist.

**IV. Business Arrangements:** Brithany H. Pawloski, Psy.D. is in no way in business with Karen Robie, Ph.D. or any other professional that uses space within the office. These entities are separate businesses and in no way legally obligated to each other for day-to-day practices.

Please ask and resolve any questions you may have about the consent for treatment and the office policy before you sign. Your signature below signifies that you 1) consent to psychological treatment and 2) understand and agree to the office policies as outlined above. It also serves as 3) an acknowledgement that you have received the "Notice of Psychologists' Policies and Practices to Protect the Privacy of Your Health Information."

Patient's Signature	Today's Date
Guardian/Authorized Representative's Signature	Today's Date

## PERSONAL HISTORY

Patient Name: Highest educational level <u>finished</u> : Height: Weight:			<u>8</u>	<u> </u>	10111	2 HS Gra	ıd [	Age: ] GED
PROBLEM List - Check any that are	a pr	oblem for you <b>NOW</b>						
Abuse of a child		Grief, loss or bereavemen	nt		Low energy, tired or	fatigue		Mania or hypomania
Abuse of an adult		Panic attacks			Sexual behavior or p	roblem		Suicidal thoughts
Anger or temper control		Depression			Gender identity cond	cern		Intentional self-injury
Criminal behavior or legal		Hopeless or helpless feeling	ngs		Eating problem			Sexual abuse/assault/rape
Poor impulse control		Loneliness			Intentional vomiting	;		Domestic violence
Negative or irritability		Social isolation			Weight gain or loss			Violence or violent behavior
Lying, sneaking & cheating		Self-esteem problems			Excessive exercise			Alcohol and/or drug abuse
Anxiety and worry		ADD/ADHD			Sleep			School problem
Extreme fears		Concentration problem			Family problem			Job or employment problem
Stress		Memory problem			Marital/partner prol	blem		Suspiciousness/paranoia
Compulsive behaviors		Mood swings or moodine	ss		Divorce or separatio	n		Hallucinations
Obsessive thoughts		Too much energy or hype	r		Social/relationship p	roblem		Concerns about health
PERSONAL Medical History -check all that applies to you – now or in the past. N=NOW P=PAST								
Epilepsy or seizure		Kidney problem			Joint or bone proble	em		Vision problem
Head or brain injury		Thyroid problem			Arthritis or gout			Hormonal problem or PMS
Neurological problem		Liver problem			Fibromyalgia			Reproductive problem
Headache & migraine		Diabetes			Auto-immune proble	em		STD or HIV/AIDS
Stroke or TIA		Pancreatitis			Chronic pain			Mental illness
Lung or pulmonary disease		Stomach or bowel proble	m		Cancer			Self-injury
Asthma		Urinary problem			Sleep apnea			Suicide attempt
High or low blood pressure		Blood related problem			Dental problem			Learning disability
Heart trouble		Skin problem			Hearing problem			Developmental disability
Serious accidents, hospital stays, operations & other health or medical problems or disabilities:								
Medications (include prescription, over-the-counter, "borrowed" and herbal preparations):								
Medication Name			Dose & Frequency What of		What do	do you take this medication for?		

Medication changes over the <u>past six</u> <u>months</u> ? None, or							
Current doctors or clinics OTHER than PCP, and	the city of his or her office:	None, or					
Date of lastPCP visit:	# of physic	ian visits in last 18 month <u>s</u>					
Drug Allergies: ☐ No known drug allergies, or							
Caffeine use (present): None, or:							
Alcohol & drug use (over last two years):   No	one, or						
Military service: None, or		Type of Discharge:					
Legal history (pending and past): None, or							
History of traumas (as you define "trauma"), al	buse or domestic violence: 🔲 No	one, or					
Mental Health, Counseling, Psycholog	gical or Psychiatric Treatment His	story - list ALL prior treatment & su	pport g	roups: None			
Treatment Provider	Start & End Dates	Reason for Treatment		Treatment Outcome			
Alcohol or Drug Abuse Treatment Hist	<b>tory</b> - list ALL prior treatment & s	 upport group (AA, NA, etc.) involve	ment:	None			
-		T		_			
Treatment Provider	Start & End Dates	Reason for Treatment		Treatment Outcome			
FAMILY History - check all that apply				1			
Neurological/brain Can problems	icer	Dementia/Alzheimer		Mood swings			
Heart disease Dial	betes	Learning disability		Depression			
Thyroid disease Fibr	romyalgia	Developmental disability		Suicide gestures/attempts			
Liver disease Chr	onic pain	Anxiety		Alcoholism/drug abuse			
Pancreatitis Disa	ability	Anger control problems		Mental illness			
Other:		Other:					

Date

Signature of Patient or Guardian

BRITHANY H. PAWLOSKI, PSY.D